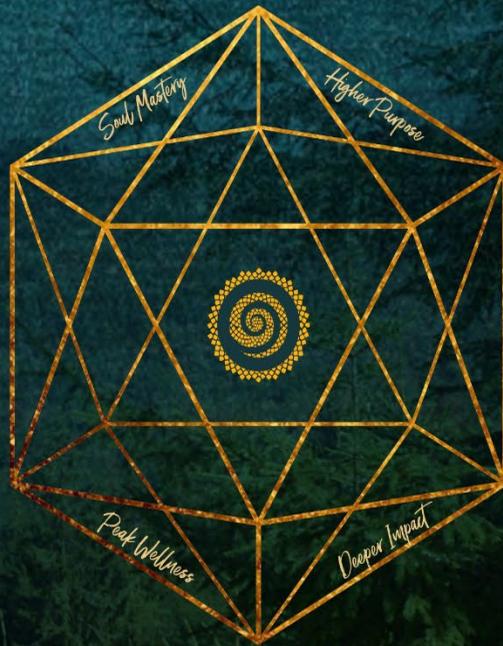


Higher Purpose



Stephame Traeger

Alignment Two: Identity Higher Purpose Spectrum



Identity: Programmed Creator

Qualities: When we live our life from the place of our identity, the coded program conditioned as us by our family, lineage, community, and society, our paradigm of life stems from who we are and how we are perceived by others.

We lean on logic, linear perceptions and our intellect. When we want to create change, we focus on our mindset. We follow the rules based on societal norms dictated by the authorities – the “they.”

We have an anthropocentric worldview where we humans are the center of creation and life. We are separate from each other and nature. We exist in a vacuum on earth untouched by the cosmos.

We have a need for safety. Security comes from enough money, enough control, enough status, enough approval, enough education, enough belonging, enough of everything defined by prevailing televised culture.

We create value in the world based on a program – The Programmed Creator. The program includes imprints around performance, time, money, and achievement. The scarcity template is coded into life. Life happens to me. It’s hard, so if you work hard, it will turn out ok, maybe even really good by ‘the’ standard.

What parts of you are still run by your old identity that no longer serves your blossom reaching toward the sky? Which parts are you choosing to carry forward? What are you ready to release and why? List all the roles you play, hats you wear and teachers you have or have had. Deconstruct the construct.

Ritual: Fire Ceremony – Take it to the fire. You can write on small papers or take little sticks. Blow each role and teacher into them before placing them into the fire to be transmuted to their highest form of medicine. Burn all the roles and teachers in the fire and as you honor them, feel into what they have taught and the gifts you’ve received. You are stepping into being as Quantum Creator and no longer carry the identities of the teachings. Your teacher is HOW you receive and hold the wisdom. Integrated and whole.

Identity traps

Identity traps are those sticky affinities that call us back to our old identity like Velcro even after we’ve long transcended the program. These places coded in our nervous systems, our natural tendency will play out until full transcendence and even then we may witness ourselves snap back for a minute. Once we’re occupying a wholly different space we dance out of the trap with more grace and rapid ease. We look back and laugh.

When we do find ourselves in an identity trap it’s always an opportunity to extract the medicine and ask, “what’s still alive in me here that I’ve reacted this way?” Or “...that this thing is triggered,” or “that I’m acting like I did when I was 15....” When around old family or friends. What’s my gift here?

Human nature is not a linear trail to analyze. We are complex non-linear beings sometimes tapping into old energies, old family templates or lineage trauma. When we are present to the medicine, the teaching that will sooth, heal and help us transcend, we can take that forward and use

it to empower our freedom and sovereignty as Heart Centered- On Purpose or Higher Purpose Quantum Creators. Identity traps are just that...traps. There is always a freedom valve. It's our job to find and release it.



Purpose: Heart-Centered Creator

Qualities: Our journeys are all so different. Some are keenly aware of purpose – their purpose – at a very young age. A healthy sense of embodiment, self-awareness and self-image often encouraged by families with healthy boundaries and a good dose of unconditional love and nurturing always helps. Their Soul chose that path here in this lifetime and they were ready for the evolutionary awakening early. For others the seeking takes more time. The unlearning of conditioned programs adds a layer.

No matter where we are in the journey of 'our' purpose, as heart centered creators we're tuned in to our intuition, empathy and self-awareness. We get that life is happening for us (not to us) and we seize the opportunity to follow our hearts. We hone our inner knowing and we're not motivated solely by ego. There is a larger impact at play.

We're still oriented toward an anthropocentric worldview where we humans are the center of life. Although still separate, we choose sovereignty and follow our inner compass meeting life on its terms.

When we live our life from the place of our Purpose, as heart centered creators we place emphasis on mindfulness, compassion to self and others, growth and learning to co-create with our Souls.'

We source our boundaries from honoring needs of self and others, money is attached to emotion and we focus on alignment and gratitude. We defend our purpose because that's 'why we're here' and from here we are nourished and our energy fed.

Purpose Identity

On our trajectory toward Higher Purpose, we know that being in and coming from Purpose as a Heart Centered Creator is awesome! For most of our adult lives this has been the holy grail! As our collective evolves more and more are awakening to a realization that there is more, there is another way because once in this place of Purpose, it can become our identity layered with societal programs. We reach a point where perhaps the old coded ways of being are outgrown. There is more.

When we need to articulate our purpose, when our purpose is a "what,' or a 'marketing message' or a canned keynote statement of WHO I AM. When it becomes you so that when or if you're not aligned or DOING ENOUGH- it drains you...you are being called toward Higher Purpose.

Higher purpose is not a 'What', it's a 'How.'

Before we move to Higher Purpose, remember to bring the inquiry to your 40 Days of Devotion practice around what Purpose means to you.

- What does it mean to be in devotion **to your** purpose?
- How does that differ than being in devotion **to** purpose?
- What are some **purpose identities** you've been devoted to?

*There's so much to extract in this practice. Please ask for support if anything feels stuck or you'd like some extra guidance!



Higher Purpose

We have so many purposes in this one life it's crazy to think THIS IS MY PURPOSE. Our purpose is a healthy body, to co-create and raise a family, to keep a healthy living environment, to impact others using our gifts, to be happy, to live in joy. We can define purpose in myriad of ways and yet we all have an essence, that energy of who we are that lends flavor to everything we do. And that which we choose to focus on with most rigor, and create – that is the 'thing' we feel is our purpose.

As we choose to claim and step into higher purpose, we reframe purpose as HOW we be, how we receive information, how we take action, how we engage with others and the world, and how we perceive the world instead of what we DO or what we're ABOUT.

The HOW is about engaging our capacity as Quantum Creators. As Quantum Creators we are tapped into a higher intelligence which delivers information, guidance, insight, knowing. As Heart Centered Creators on Purpose we rely on our inner knowing, in Higher Purpose we rely on a universal knowing – gnosis.

We are tapped into a multidimensional field with numerous tracks and timelines. We can jump timelines and jump tracks at will – with intention. When we find ourselves utilizing the Identity Programmed Creator paradigm and we want to shift we can 'jump tracks' to our Quantum Creator selves. In other words, we have purview to access all states and ways because we're aware of 'where we are coming from.'

In Higher Purpose we become masters at discernment and 'just know.' We listen to guidance we receive even if it's not coming from our control, IN-TUITION or knowledge. Guidance drops in and we sense what it

means and when to listen. We trust visions, hits, and downloads. We master our powers of perception (the four states of literal, emotional, soul and spirit) and our ability to read others expands dramatically. Yes, we work at it, though what we're really doing is shedding old programs to reveal the powers already here. We're unlearning old programs and remembering who we really are!

In place of judgement we discern, we resonate or we don't, we feel energy and move from instinct – knowing we are responding (not reacting) for the best and highest good of all. We no longer need to apologize for our choices and decisions because we know what's best for us came from higher guidance and therefore it's good for other. If they don't see that yet, it's ok, it's an opportunity (their medicine) to grow.

We no longer live from expectations of others. Our worldview is Eco-or Cosmo-centric and we exist in an ever-evolving hologram. Where life happens **to** our Identity self, and **for** our Purpose self, life happens **through** our Higher Purpose self. We are a vessel for a higher form of creation and we live in reverence to the good fortune we are experiencing in all forms.

Our **40 Days of Devotion** practice will sharpen our consciousness toward Higher Purpose. Devotion as a portal for reverence will feed our quantum field with seeds.

The quantum field is no make-believe mythical story. It's science. Quantum physics with a plethora of scientific books you can read on the topic is real. It's such a powerful way of being that it poses a threat to old systems and identity creators. You see, to keep the old systems in place, old identities and programmed creators are needed. Even if we make nuanced changes and upgrades to the system, identity programmed creators can roll with those changes. And now with an abundance of greenwashing and purposewashing, so too can purpose heart centered creators roll with them, keeping old-ish systems in place with a newly purpose polished glow. This is why WE are feeling called to a truth that is higher.

Purpose Heart Centered Creators are definitely game changers. They change the story and narrative. Quantum Creators slash old paradigms

empowering our highest timeline of possibility. This is the playground for Catalytic Mavericks!

You get to leverage all parts. Remember jumping tracks is available 24/7 on speed dial!

Feel into Higher Purpose as a Quantum Creator in your 40 Days of Devotion practice.

Notice any blocks or lack of clarity – we're feeling in at first, like dancing with a stranger. Soon you'll know the moves and dial in all the way. Get in the zone, feel that flow...

Traps

Hold awareness when a need arises to identify with Higher Purpose as a What. The traps of branding and naming 'it' will arise. We still get to indulge in the world on Purpose. Higher Purpose isn't an Identity, it's a way of being and utilizing our highest potentials. The main purpose is to raise our frequency and the frequency of the planet by tapping into these gifts that are dormant for so many. These parts of our human potential are what will guide your JOY -AND- humanity forward.





Stephanie  Trager